

# Bullying & Resilience

## Bullying

### Odd girl speaks out

by Rachel Simmons

Girls write about bullies, cliques, popularity, and jealousy.

(NF 305.2352 SIM)

### Back off bully

by Mark Dobson

A crash course in stopping bullies

(NF 371.58 DOB)

### Don't pick on me

by Rosemary stones

How to handle bullying

(371.58 STO)

### To this Day ✍

by Shane Koyczan

For the Bullied and the Beautiful. Spoken word poet Shane Koyczan's passionate anti-bullying poem and animated video went viral. Now it has been illustrated by thirty artists from around the world. It expresses the profound and lasting effects of being bullied, and the inner strength that allows people to move beyond the names they're called.

(✍ 811 KOY)

### Bullies, Bigmouths & So-called Friends

by Jenny Alexander

Helpful advice in a cartoon like layout with stories of young people who have been victimised.

(NF 371.5 ALE)

### Say Hello P

by Jack & Michael Foreman

A picture book reminding us that when someone looks lonely and in need of a friend, one little word can help.

(P FOR)

### Youth with Aggression Issues : Bullying and Violence

by Kenneth Macintosh

(NF 305.235 MCI)

## Resilience

### I just want to be me ✍

by Timothy and Sandra Bowden

A graphic novel about building resilience in young people.

(✍ F BOW)

### Resilience B

by Anne Deveson

Anne looks at the nature of resilience, through personal experience and research.

(B 155.24 DEV)

### A Power guide for girls : body talk

by Elizabeth Reid Boyd & Abigail Bray

A self-help book for teenage girls providing advice about coping with bullying, alcohol, drug use, depression and sexual relations.

(NF 158.1 BOY)

### Respect

By C Macavinta & A R V Plum

A girl's guide to getting respect & dealing when your line is crossed. Respect is real girl power.

(NF 305.23 MAC)

### More to the story : conversations with refugees B

By Rosemary Sayer

Interviews with refugees from Burma, Afghanistan and South Sudan. They tell stories of persecution, violence and starvation; families separated; the desperation in refugee camps; the perilous journeys by boat of those for whom waiting would have meant death; life in mandatory detention; and the challenges of starting over in Australia. A powerful, moving and inspiring account of human resilience.

(B 362.87 SAY)

#### KEY

- ★ Adult read
- 📖 Quicker/Easier
- P Picture book
- ✍ Graphic Novel
- ♥ True stories
- ◆ Short stories
- B Biography
- NF Non Fiction

# Inspirational

## I Am Malala: How One Girl Stood Up for Education and Changed the World **B**

by Malala Yousafzai

Malala Yousafzai was only ten years old when the Taliban took control of her region. They said music was a crime. They said women weren't allowed to go to the market. They said girls couldn't go to school. Raised in a once-peaceful area of Pakistan transformed by terrorism, Malala was taught to stand up for what she believes. So she fought for her right to be educated. And on October 9, 2012, she nearly lost her life for the cause: She was shot point-blank while riding the bus on her way home from school. No one expected her to survive.

**(B 371.822 YOU)**

## Coming of Age, Growing up Muslim in Australia

by Amra Pajalic & Demet Divaroren

Twelve authentic and powerful stories about growing up Muslim in Australia. **(NF 305.6 COM)**

## The Freedom Writers Diary

by The Freedom Writers with Erin Gruwell

How a teacher and 150 teens used writing to change themselves and the world around them. (Mentioned in "Fault in our stars") **(NF 370.11 FRE)**

## My forbidden face: growing up under the Taliban : a young women's story ♥

by Latifa with Chekeha Hachemi (♥ 958.104 LAT)

## Follow the Rabbit-proof fence ♥

by Doris Pilkington / Nugi Garimara

The true story of three young indigenous girls who were taken by the government from their families and crossed the harsh Australian desert on foot to return home. (♥ 994.104 PIL)

## The Stolen Children : their stories ♥

by Carmel Bird (♥ 362.7 STO)

## Australian Heroines : stories of courage and survival

by Susan Geason ♥ (♥ 305.48 GEA)

## Thura's Diary ♥

by Thura Al-Windawi

A young girl's life in war-torn Baghdad (♥ 956.70443 ALW)

## My journey behind the veil: conversations with Muslim women

by Kay Rasool **(NF 305.48 RAS)**

## Mayada : Daughter of Iraq ♥

by Jean Sasson

One woman's survival in Saddam Hussein's Torture jail (♥ 956.7044 SAS)

## Through My Eyes Series

Stories about children living in contemporary conflict zones. Stories of courage, resilience and hope.

**Shahana** by R Hawke (Kasmir Children) **(F HAW)**

**Amina** by J L Powers (Somalian girls) **(F POW)**

**Emilio** by S Masson & L White (Mexicans) **(F MAS)**

**Naveed** by J Heffernan (Afghanistan) **(F HEF)**

**Zafir** by P Mason & L White (Syrian) **(F MAS)**

## Grief Girl : my true story **B**

by Erin Vincent

Erin's parents are killed in a terrible car crash when she is just fourteen. Erin and her 17yr old sister and 3 yr old brother are left to cope on their own.

**(B 155.9 VIN)**

## Chicken Soup for the Teenage Soul (I, II, III, & IV)

by Canfield, J, Hanson, V H, Kirberger, K.

101 stories of Life, Love and Learning

**(NF 305.235 CAN)**

## True Spirit : the Aussie girl who took on the world

by Jessica Watson

The story of the youngest person to sail around the world single handedly. **(B 910.4 WAT)**

## Three Wishes : Palestinian and Israeli children speak out by Deborah Ellis

A disturbing but insightful collection of views from Israeli and Palestinian children, young adults who are surrounded by war. With honesty, they describe their life, families and feelings about the conflict and violence, and their hopes for the future.

**(NF 305.23 ELL)**

## Black Chicks Talking

by Leah Purcell

Purcell's book touches on her own story as she talks to nine famous Aboriginal. All have unique stories and it is a wonderful portrayal of the ten women's lives.

**(NF 305.48 PUR)**

## Australian Heroines : stories of courage and survival

by S Geason (♥ 305.48 GEA)

## The Girl with the Butterfly Tattoo

by Miller D

A girl's guide to claiming her power. **(NF 646.7 MIL)**

## Dreams : Australian Refugee stories

by Dechian, S Millar, H, Sallis E.

Short stories written by students aged 11-20 years. These young writers interview or imaginatively recreate the story of someone who came to Australia as a refugee.

**(Short Story A820.8 DAR)**

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